

1 **Inkjet drug printing onto contact lenses: deposition optimisation and non-invasive**  
2 **dose verification**

3 Thomas Pollard<sup>a</sup>, Iria Seoane-Viaño<sup>a,b</sup>, Jun Jie Ong<sup>a</sup>, Patricija Januskaite<sup>a</sup>, Sahar Awwad<sup>a</sup>,  
4 Mine Orlu<sup>a</sup>, Manuel F. Bande<sup>c</sup>, Abdul W. Basit<sup>a,d,\*</sup>, Alvaro Goyanes<sup>a,d,e,\*</sup>

5

6 <sup>a</sup> Department of Pharmaceutics, UCL School of Pharmacy, University College London, 29-39  
7 Brunswick Square, London, WC1N 1AX, UK

8 <sup>b</sup> Department of Pharmacology, Pharmacy and Pharmaceutical Technology, Paraquasil Group  
9 (GI-2109), Faculty of Pharmacy, and Health Research Institute of Santiago de Compostela  
10 (IDIS), University of Santiago de Compostela (USC), Santiago de Compostela, 15782, Spain.

11 <sup>c</sup> Department of Ophthalmology, University Hospital of Santiago de Compostela, Ramon Baltar  
12 S/N, Santiago de Compostela, 15706, Spain.

13 <sup>d</sup> FabRx Ltd., Henwood House, Henwood, Ashford TN24 8DH, UK

14 <sup>e</sup> Departamento de Farmacología, Farmacia y Tecnología Farmacéutica, I+D Farma Group  
15 (GI-1645), Facultad de Farmacia, iMATUS and Health Research Institute of Santiago de  
16 Compostela (IDIS), Universidade de Santiago de Compostela (USC), Santiago de  
17 Compostela, 15782, Spain.

18 \*Correspondence: A.G; a.goyanes@fabrx.co.uk, A.B.; a.basit@ucl.ac.uk

19

20

21 **Abstract**

22 Inkjet printing has the potential to advance the treatment of eye diseases by printing drugs on  
23 demand onto contact lenses for localised delivery and personalised dosing, while near-  
24 infrared (NIR) spectroscopy can further be used as a quality control method for quantifying the  
25 drug but has yet to be demonstrated with contact lenses. In this study, a glaucoma therapy  
26 drug, timolol maleate, was successfully printed onto contact lenses using a modified  
27 commercial inkjet printer. The drug-loaded ink prepared for the printer was designed to match  
28 the properties of commercial ink, whilst having maximal drug loading and avoiding ocular  
29 inflammation. This setup demonstrated personalised drug dosing by printing multiple passes.  
30 Light transmittance was found to be unaffected by drug loading on the contact lens. A novel  
31 dissolution model was built, and *in vitro* dissolution studies showed drug release over at least  
32 3 hours, significantly longer than eye drops. NIR was used as an external validation method  
33 to accurately quantify the drug dose. Overall, the combination of inkjet printing and NIR  
34 represent a novel method for point-of-care personalisation and quantification of drug-loaded  
35 contact lenses.

36

37

38 **Keywords:** point-of-care; inkjet printing; personalised healthcare; contact lenses; quality  
39 control; drug delivery

## 40 **1. Introduction**

41 Medicated eye drops are the current standard treatment for numerous common eye diseases,  
42 including glaucoma, fungal keratitis, and acute conjunctivitis. These ocular conditions affect  
43 people across socio-economic strata, with glaucoma being the leading cause of irreversible  
44 blindness worldwide and the number of diagnosed patients estimated to reach 111.8 million  
45 by 2040 (Allison et al., 2020; Kaur et al., 2022; Rossetti et al., 2016). However, topical delivery  
46 has been reported to result in poor bioavailability (<5%) due to various anatomical constraints  
47 such as the blood-aqueous barrier, blood-retinal barriers and the corneal epithelium, and  
48 physiological barriers to drug permeation, which include blinking and nasolacrimal drainage  
49 (Bachu et al., 2018; Patel et al., 2013). Furthermore, non-compliance to eye drop treatment is  
50 common, largely due to forgetfulness (Lacey et al., 2009; Waterman et al., 2013), difficulties  
51 with the medication schedule (Tsai et al., 2003), or difficulty in administering the eye drops  
52 (Stryker et al., 2010; Waterman et al., 2013). A study investigating glaucoma patients reported  
53 that 9 out of 10 individuals were unable to correctly administer eye drops (Gupta et al., 2012).  
54 Additionally, when contact lenses are worn, they must be removed before administering eye  
55 drops and not replaced for 15 minutes (FDA, 2013), which further contributes to patient  
56 inconvenience.

57 Drug-loaded soft contact lenses (SCLs) are an attractive form of ophthalmic drug delivery in  
58 pharmaceutical research (Pereira-da-Mota et al., 2022; Yang and Lockwood, 2022) due to the  
59 potential for sustained release, improved patient compliance, increased bioavailability, and a  
60 reduction in the dose necessary to reach a therapeutic effect. Different methods for  
61 incorporating drugs into SCLs exist (Akbari et al., 2021; Ciolino et al., 2016; Datta et al., 2022;  
62 Franco and De Marco, 2021; Hewitt et al., 2020; Hsu et al., 2015; Li et al., 2020; Mu et al.,  
63 2021; Rykowska et al., 2021; Silva et al., 2021a; Silva et al., 2021b; Xu et al., 2010; Zidan et  
64 al., 2021), such as dip-coating (soaking) (Guo et al., 2021; Liu et al., 2021; Maulvi et al., 2022;  
65 Wei et al., 2021) and molecular imprinting (Chu et al., 2022; Malaekheh-Nikouei et al., 2013;  
66 Raesian et al., 2021), but it is difficult to produce personalised doses using these techniques.

67 Printing approaches are innovative and fast-moving technologies which allow users to create  
68 customised shapes and designs (Daly et al., 2015). Drop On Demand (DOD) inkjet printing is  
69 a form of two-dimensional (2D) printing in which ink droplets are deposited from a printer  
70 cartridge (Lohse, 2022). Numerous personalised drug-loaded dosage forms have been made  
71 with inkjet printing (Alomari et al., 2018; Azizi Macheqposhti et al., 2021; Chang et al., 2021;  
72 Chou et al., 2021; Evans et al., 2021; Vuddanda et al., 2018; Zhang et al., 2021), including  
73 mucoadhesive buccal films (Kiefer et al., 2021) and direct printing onto the nail for  
74 onychomycosis treatment (Pollard et al., 2022). Inkjet printing onto contact lenses for

75 glaucoma treatment would avoid the need for users to remove contact lenses for treatment,  
76 allow for personalised dosing and make point-of-care dispensing possible.

77 While inkjet printed anti-fungal drug-loaded contact lenses have been reported (Tetyczka et  
78 al., 2022), a means of verifying the drug load of these contact lenses have yet to be developed.  
79 To facilitate point-of-care dispensing, a non-destructive quality control method to accurately  
80 measure the amount of drug dispensed in situ is necessary. Process analytical technology  
81 (PAT) tools can perform quantitative and non-destructive analysis in real time, and have been  
82 identified in the pharmaceutical field to quantify the drug of interest. Near infrared (NIR)  
83 spectroscopy is a promising PAT tool for on-site and on-demand quantification of active  
84 pharmaceutical ingredients (APIs) as it is non-destructive, rapid, specific, and requires no  
85 sample preparation (Edinger et al., 2019; Stranzinger et al., 2021; Trenfield et al., 2022;  
86 Trenfield et al., 2020; Vakili et al., 2017).

87 The aim of this study was to investigate the printing of a drug directly onto contact lenses and  
88 non-destructively quantify the drug load, with timolol maleate used as the model drug. The  
89 drug was printed onto both sides of the contact lens, as the chosen side may affect the drug  
90 release. The drug loading was measured, and printing multiple times was tested as a method  
91 to increase the drug dose. Measurements were made to quantify the light transmission through  
92 the contact lens following printing. A novel in-vitro dissolution apparatus was used to quantify  
93 the drug release from the contact lenses. This was also the first study to use NIR spectroscopy  
94 as a quality control measure to non-destructively quantify the drug loading of inkjet printed  
95 contact lenses.

96

## 97 **2. Materials and Methods**

### 98 2.1 Materials

99 Timolol maleate (MW 432.49 g/mol, a Biopharmaceutics Classification System (BCS) Class  
100 I drug (Yang et al., 2007), logP 1.8 (Wishart DS, 2006), pKa 9.21 (Information., 2022), dimethyl  
101 sulfoxide (DMSO, ≥99.9% ACS reagent grade), methanol (≥99.8% puriss ACS reagent grade),  
102 hydrochloric acid (37%), phosphate buffered saline (PBS, pH 7.4, sterile filtered) and sodium  
103 azide (reagentPlus, ≥99.5%) were purchased from Sigma Aldrich (Dorset, UK). Ultrapure  
104 grade (Type I) water (Triple Red Water Purification System, Avidity Science, Long Crendon,  
105 UK) was used. The red colourant used was Kroma Colors Red (Kopykake Enterprise Inc, CA,  
106 USA). The contact lenses used in this study were right 1 Day Acuvue Moist Daily Disposable  
107 contact lenses (Johnson and Johnson, NY, USA) with a base curve of 8.5 mm, diameter of  
108 14.2 mm, and power of -5.00.

109

## 110 2.2 Preparation of timolol maleate solution 'inks'

111 Timolol was selected as the model drug as it is the most popular  $\beta$ -blocker and the reference  
112 method against which many of the marketed ophthalmic drugs have been compared with  
113 (European Glaucoma Society, 2021). To prepare a solution of timolol-loaded ink (11.2 mg/mL),  
114 timolol maleate (56.0 mg) was added to a volumetric flask (5.0 mL) with DMSO (3.50 mL). The  
115 mixture was vortexed to dissolve the drug, followed by the addition of water (1.5 mL) to bring  
116 the solution up to the 5.0 mL mark, giving a final DMSO:water solution ratio of 7:3. The solution  
117 was then stirred (30 minutes) and stored in the fridge (4 °C, up to 14 days). Two drops of  
118 colourant were added when required for the printed area to be seen, and the mixture was  
119 vortexed (30 seconds) before storage.

120

## 121 2.3 Characterisation of the commercial and in-house prepared drug inks

122 Various techniques described below were used to characterise the different inks and printer  
123 nozzle to ensure that the inks were printable. All measurements were conducted in triplicate.  
124 Measurements were conducted at 4 °C to replicate the properties of the ink during printing.

125

### 126 2.3.1 Density

127 The density of the commercial and prepared drug-loaded ink formulations was measured by  
128 placing the sample straight from the fridge (4 °C) onto on a Precisa 180A weighing balance  
129 (Precisa Balances Ltd., Livingston, UK), followed by the removal of a set volume (1.0 mL) of  
130 solution using a PIPETMAN L Fixed F1000L Gilson Pipette (Gilson Inc., Middleton, WI, USA)  
131 and recording the change in mass on the balance. The ink density was calculated by dividing  
132 the change in mass by the solution volume removed.

133

### 134 2.3.2 Viscosity

135 The dynamic viscosity measurements were carried out on the *m*-VROC<sup>®</sup> viscometer  
136 (RheoSense Inc., CA, USA), controlled by the mVROC\_Control\_v3.1.1\_AutoTemp software  
137 (RheoSense Inc., CA, USA). The temperature of the instrument was set to 4 °C using the  
138 ThermoCube cooling system (Solid State Cooling Systems, NY, USA) to mimic the printing  
139 conditions used. A glass syringe (50  $\mu$ L) was filled with the filtered sample (0.22  $\mu$ m filter) and

140 subjected to a shear rate ramp of 179 to 2148 s<sup>-1</sup>, based on the preliminary viscosity test to  
141 determine the shear rate range. The average value was taken as the sample viscosity.

142

### 143 2.3.3 Surface tension

144 Surface tension of the inks was determined using a Kibron Delta-8 microtensiometer (Kibron  
145 Inc., Helsinki, Finland) in a 96-well Dyneplate (Kibron Inc., Helsinki, Finland). A solution (50  
146 µL, 4 °C) was added into the well, with Type 1 water used as the calibration solution  
147 throughout.

148

### 149 2.4 Calculating suitable ink properties

150 The aforementioned properties had to be similar to the cosmetic inks used in the commercial  
151 printer to produce drug-loaded inks that were suitable for printing. The  $Z$  value was calculated  
152 from Equation (1) (Fromm, 1984):

$$153 \quad Z = \frac{\sqrt{d \rho \gamma}}{\mu} \quad (1)$$

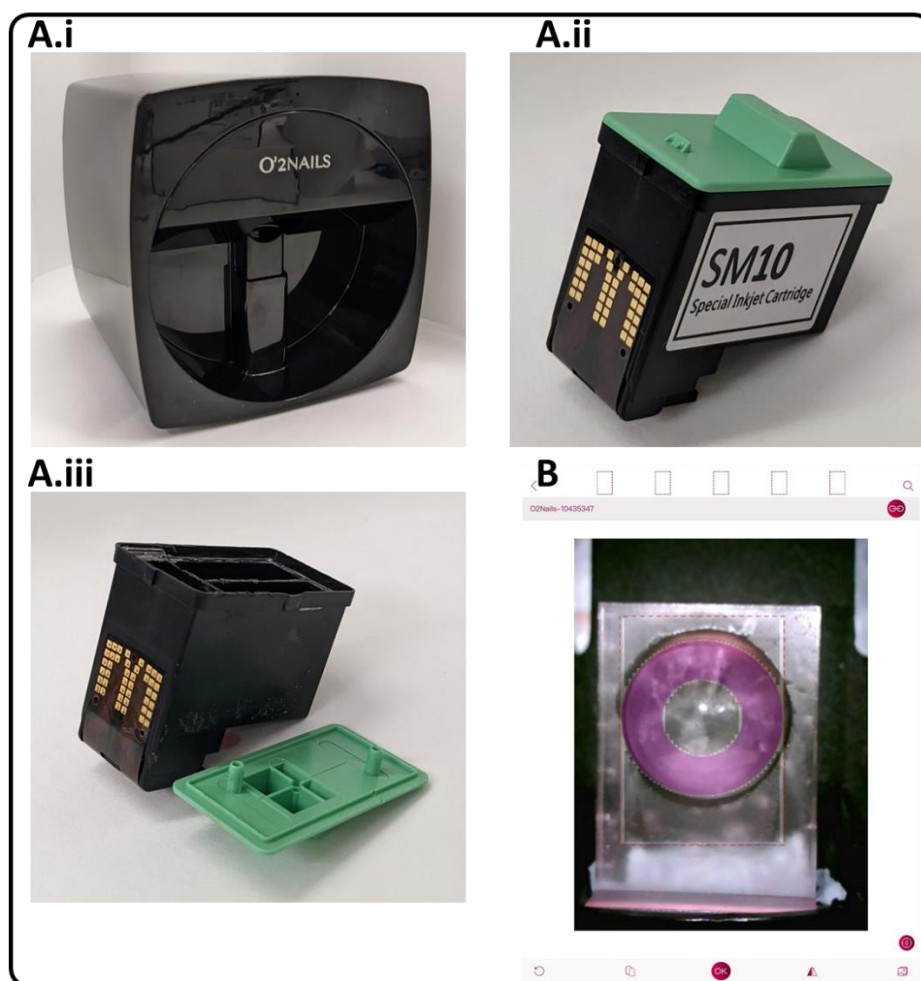
154 where  $d$  is the diameter of the printing nozzle (µm),  $\rho$  is the ink density (g cm<sup>-3</sup>),  $\gamma$  is the  
155 surface tension (mN m<sup>-1</sup>), and  $\mu$  is the dynamic viscosity (mPa s). A stable droplet at the  
156 printing nozzle is formed for  $Z$  between the value of 4 and 14 (Jang et al., 2009).

157

### 158 2.5 Inkjet printing process

159 The O2Nails V11 inkjet printer (Figure 1A.i) (Cyber Nails, Guangzhou, China) and SM10  
160 special inkjet cartridge (Figure 1A.ii) (Cyber Nails, Guangzhou, China) were used for printing.  
161 This specific printer was chosen as it contains a camera capable of visualising the positioning  
162 of the object to be printed, as well as allowing the user to align the contact lens in place before  
163 and during printing. The ink cartridge contains three separate compartments for the yellow,  
164 magenta, and cyan inks. The composition of these inks is not known as it is proprietary. Control  
165 of the printer was done using the O2Nails app (Guangzhou Taiji Electronic Co, Guangzhou,  
166 China) (Figure 1B) via the printer's WiFi. The app allows users to upload their own designs  
167 and images for printing as well as align the printed shape, which was controlled using an iPad  
168 Mini 2 smart tablet (Apple Inc., CA, USA) operating with iOS 12.4.5 software. Cleaning of the  
169 ink cartridge was conducted by first removing the external cover and sponges, filling the  
170 compartments with ethanol and ultrasonication. The ultrasonication was carried out for 1 h at

171 a time with the cartridge on top of a beaker to avoid any water damage. This was repeated  
172 until the ethanol remained colourless, indicating the absence of ink residue. An example of a  
173 cleaned cartridge is shown in Figure 1A.iii.

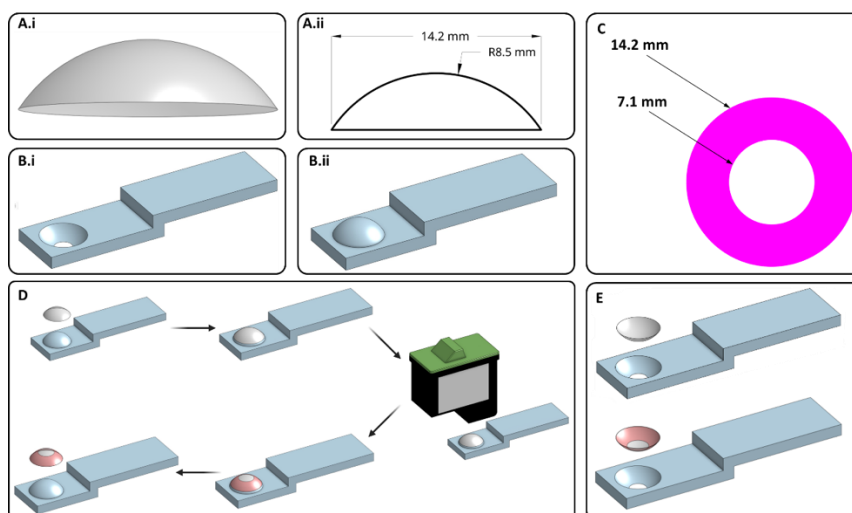


174  
**Figure 1.** Images of the component parts used in this study. **A)** Photographs of the **A.i)** O2Nails inkjet printer, **A.ii)** SM10 special ink cartridge and **A.iii)** cleaned ink cartridge. **B)** Screenshot of the O2Nails app. The printer camera shows a contact lens in the lens holder with the printed shape and a magenta ring aligned to this.

175  
176 The contact lenses had to remain wet to prevent them from drying and changing shape.  
177 Printing was conducted at cold temperatures (4 °C) to reduce the evaporation rate of water  
178 from the contact lenses. The equipment and chemicals were kept in the refrigerated  
179 environment (4 °C) between experiments. The drug-loaded ink was added into one of the  
180 compartments in the inkjet cartridge to print on the contact lens. The cartridge was then  
181 covered with parafilm and the original green lid and left to stand (30 minutes). The parafilm  
182 was included to help prevent spillages. The original green lid was included to trigger the  
183 cartridge detection switch inside the printer. The printing was controlled by the user using the  
184 connected mobile tablet. The nozzle of the cartridge was wiped with an ethanol-damped paper

185 towel before printing, and 10 rectangles were printed with the colour corresponding to the  
186 compartment with the drug-loaded ink in it to purge it.

187 The contact lens and its dimensions are shown in Figure 2A. An in-house holder (Figure 2B.i  
188 and 2B.ii) was designed using OnShape (PTC Inc., MA, USA) and 3D printed using the Form  
189 1+ 3D printer with v4 clear resin (Formlabs inc., MA, USA). These holders were used to hold  
190 the contact lens in place so that the inside or outside face of the contact lens could be printed  
191 onto with drug loaded ink. The choice of inside or outside face was anticipated to affect the  
192 drug release, and thus bioavailability of the drug. By using either method, the drug release  
193 could be tailored to the patient. The shape printed onto the contact lens was a ring with an  
194 inner diameter of 7.1 mm and an outer diameter of 14.2 mm, equal to the diameter of the  
195 contact lens (Figure 2C). Alignment of the ring with the contact lens was manually adjusted by  
196 the user. The inkjet cartridge nozzle was wiped after every other pass to remove any excess  
197 ink and to avoid nozzle clogging. The printing process is demonstrated in Figure 2D and 2E.



198

**Figure 2.** **A.i)** Model of the contact lens used in this study and **A.ii)** Measurements for the contact lenses, made using OnShape. **B)** Designs of the two different contact lens holders for printing on the **B.i)** inside face and **B.ii)** outside face. **C)** Measurements and colour of the printed ring. **D)** Diagram of the printing process steps with the holder for printing on the outside face, created with Biorender.com. **E)** Equivalent start and end images for printing on the inside face of the contact lens.

199

## 200 2.6 High performance liquid chromatography-ultraviolet (HPLC-UV) analysis

201 The concentration of timolol maleate in the liquid ink was determined using HPLC-UV,  
202 equipped with a Hewlett Packard 1260 Series HPLC system (Agilent Technologies, Cheshire,  
203 UK). The stationary phase was an Eclipse Plus C18 Column 5  $\mu\text{m}$ , 150 x 4.6  $\mu\text{m}$  (Agilent  
204 Technologies, Cheshire, UK), and the mobile phase was a combination of 0.01 M ammonium  
205 acetate (pH 5.0) and methanol at a ratio of 60:40 v/v. The aqueous solution was prepared by



206 adding ammonium acetate (0.7708 g) to Type 1 water (1.0 L) and adjusting the pH with  
207 concentrated hydrochloric acid. The flow rate was set to 1.0 mL/min, with a column  
208 temperature of 40 °C, an injection volume of 50 µL and a UV-wavelength of 295 nm. The  
209 elution time of timolol maleate was approximately 3.4 minutes. A calibration curve for timolol  
210 maleate in solution was prepared between 0.4 and 400 µg/mL ( $R^2= 0.99999$ ). The solutions  
211 were stored in sealed 1.5 mL amber glass vials (Fisher Scientific, Loughborough, UK), and  
212 0.1 mL 5 x 31 mm glass inserts (Macherey-Nagel GmbH & Co KG, Düren, Germany) were  
213 used for samples of less than 1.0 mL.

214

## 215 2.7 Contact lens drug loading

216 Drug loading was measured by printing 3, 5, 7, and 10 passes onto the outside face of contact  
217 lenses in triplicate. Drug was only printed onto the outside face of the contact lenses as the  
218 choice of face is not expected to impact the drug load. The contact lens was stirred for 24 hrs  
219 in 2.0 mL PBS to release all the drug, then filtered through a 0.45 µm filter (Millipore Ltd,  
220 County Cork, Ireland) and analysed via HPLC. All results are presented as the mean ±  
221 standard deviation.

222

## 223 2.8 Light transmittance

224 The light transmittance (%) of unmodified, 10-pass printed drug-loaded and 10-pass printed  
225 drug free contact lenses were measured using a UV–Vis spectrophotometer (Agilent Cary 60  
226 UV-Vis, CA, USA). All printing was onto the outside face, as the choice of face is not expected  
227 to influence the amount of light transmitted. The instrument baseline was measured before  
228 the transmittance spectra. Transmittance measurements were taken from 200 to 800 nm. The  
229 lenses were placed on a solid holder between the lamp and the detector, with the concave  
230 surface of the lens aligned perpendicular to the light beam (Conde Penedo et al., 2021).

231

## 232 2.9 Near infrared (NIR) spectroscopy

233 NIR reflectance spectra were measured using a MicroNIR 1700ES NIR spectrometer (VIAVI,  
234 Hertfordshire, UK) equipped with 2 vacuum tungsten lamps and an InGaAs photodiode array  
235 detector for wavelengths between 950 – 1,650 nm ( $10,526 - 6,060 \text{ cm}^{-1}$ ). Spectra were  
236 collected using a probe with a 16 mm diameter collection optic attached to the MicroNIR  
237 device. Contact lenses were placed between the probe and a sapphire window accessory with  
238 an anti-reflection coating. A 99% spectralon reference standard (VIAVI, Hertfordshire, UK)

239 was used for the acquisition of dark and reference spectra for instrument calibration prior to  
240 spectra acquisition.

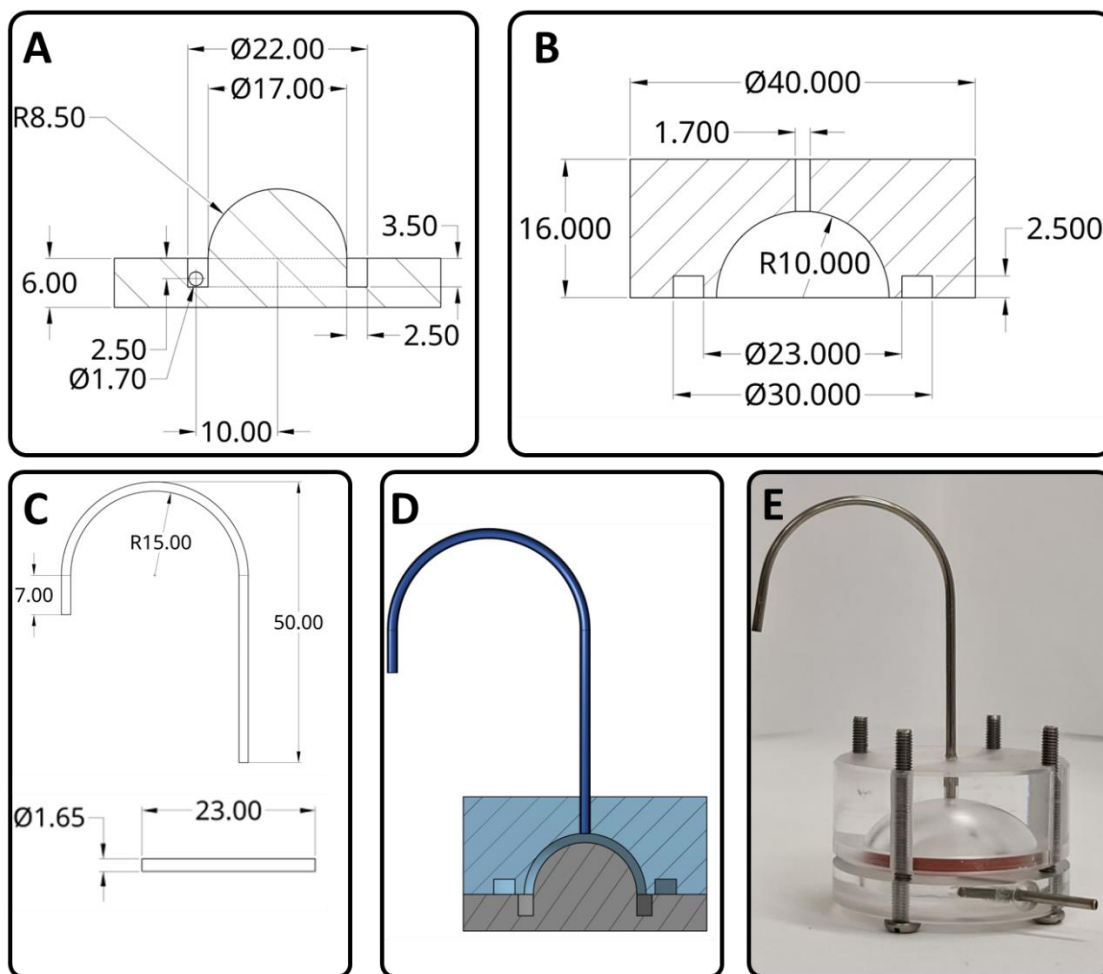
241 Contact lenses were printed with 3, 5, 7, and 10 passes of timolol maleate (11.2 mg/mL) on  
242 the outside face in triplicates. The choice of face was not expected to affect the NIR  
243 measurement. Each contact lens was analysed at three different points with the probe pointed  
244 at the outside face. The final spectrum for each contact lens was the average of the spectra  
245 recorded over the three points. Data was acquired using VIAVI MicroNIR Pro software (VIAVI,  
246 Hertfordshire, UK). Data pre-processing, multivariate data analysis, and modelling was  
247 performed with a separate python 3.10 script. The model was trained using a train:test split of  
248 80:20 to measure the performance of the model in a real scenario on unseen data. Partial  
249 least squares (PLS) regression was performed on the datasets, with 10-fold cross validation  
250 with 3 repeats, to build calibration models. PLS model graph of NIR predicted vs. HPLC  
251 determined timolol content was created using GraphPad Prism 8 (San Diego, California, US).  
252 Following NIR analysis, each individual contact lens was quantitatively analysed for drug  
253 content via HPLC following the methodology described in section 2.7.

254

#### 255 2.10 *In vitro* dissolution test

256 Contact lenses were printed with 10 passes of timolol maleate (11.2 mg/mL) on the inner and  
257 outer face in triplicate. Release studies were conducted in an in-house flow rig model (Figure  
258 3). The dimensions of the sample chamber had an outer diameter of 20 mm an inner diameter  
259 of 17 mm, and a capacity of  $2220 \pm 240$   $\mu\text{L}$ . The rigs were rinsed, cleaned, and dried prior to  
260 each experiment. Drug-loaded contact lenses were gently placed in each rig and the models  
261 were assembled, filled with buffer (PBS, pH 7.4 with 0.05% sodium azide) and placed on a  
262 heating plate at 37 °C. The models were connected to an 8-channel Ismatec peristaltic pump  
263 (Michael Smith Engineering Ltd, Woking, UK) with a 2.0  $\mu\text{L}/\text{min}$  flow rate at 37 °C, which is  
264 similar to human ciliary body inflow (Abu-Hassan et al., 2014). Samples were collected (1, 2,  
265 3, 4, 5, 6, 8, 10, 18, and 24 h) using glass vials via the outflow port, which were replaced at  
266 each sampling point.

267 The volume of the model was measured by weighing an empty vessel with one end blocked,  
268 filling the vessel with water, and re-weighing. The volume of the model was calculated by  
269 dividing the weight by 0.97713  $\text{g}/\text{cm}^3$ , the density of water at 25 °C.



**Figure 3.** Schematic of the dissolution vessel. **A)** Bottom part of rig. **B)** Top part of rig. **C)** Metal piping parts. **D)** Full assembly. **E)** Photograph of the constructed vessel.

270

271

### 272 3. Results and Discussion

#### 273 3.1 Ink selection and characterisation

274 The ink solution composition was selected to give high drug loads while remaining printable.  
 275 The physicochemical properties of DMSO-water combinations have previously been reported  
 276 (LeBel and Goring, 1962; Markarian and Terzyan, 2007). Timolol maleate is more soluble in  
 277 DMSO than in water (16 vs. 0.2 mg/ml, respectively) (Chemical, 2022) however, high DMSO  
 278 proportions have been reported to cause ocular inflammation (> 70%) (Hanna et al., 1977),  
 279 therefore, studies were conducted with a 7:3 DMSO:water ratio. A timolol maleate  
 280 concentration of 11.2 mg/mL was chosen as this was close to its solubility limits. A small  
 281 amount of liquid red colourant was added so the printed area could be visualised.

282 Density, surface tension and viscosity measurements of the commercial ink, DMSO:water  
 283 mixture at room temperature (~25 °C) and 4 °C, and timolol maleate loaded DMSO:water were

284 recorded (Table 1). Previous data indicates the nozzle diameter was  $21.0 \pm 2.2 \mu\text{m}$ , and that  
 285 the commercial inks have an average density of  $1.03 \text{ g/cm}^3$ , viscosity of  $2.17 \text{ mPa}\cdot\text{s}$ , and  
 286 surface tension of  $35.61 \text{ mN/m}$ , giving a Z-value of 12.8 (Pollard et al., 2022). All the solutions  
 287 showed very similar densities and reasonably similar surface tensions. The surface tension  
 288 was higher for the DMSO:water combinations, but this did not change with cooling nor with  
 289 the addition of timolol maleate and colourant. However, the viscosity of the solutions at  $4 \text{ }^\circ\text{C}$   
 290 was much higher than that of the commercial inks and of the solutions at room temperature.  
 291 Cooling significantly impacted the viscosity of the solution and, in turn, caused the Z-value to  
 292 be much lower. The viscosity was unchanged with the addition of timolol maleate and  
 293 colourant, indicating that these additions did not have a significant impact on the  
 294 physicochemical properties of the solution. Lower proportions of DMSO may better mimic the  
 295 commercial inks, however, these would reduce the drug loading, and so were not used.

**Table 1.** Solution characterisation of density, viscosity, and surface tension, and the Z value for a nozzle diameter of  $21.0 \pm 2.2 \mu\text{m}$ .

<b>Solution</b>	<b>Density (<math>\text{g/cm}^3</math>)</b>	<b>Viscosity (<math>\text{mPa}\cdot\text{s}</math>)</b>	<b>Surface tension (<math>\text{mN/m}</math>)</b>	<b>Z value (<math>d = 21.0 \mu\text{m}</math>)</b>
Commercial ink at $25 \text{ }^\circ\text{C}$	$1.03 \pm 0.02$	$2.17 \pm 0.13$	$35.61 \pm 0.08$	$12.8 \pm 0.9$
70:30 DMSO: $\text{H}_2\text{O}$ at $25 \text{ }^\circ\text{C}$	$1.100 \pm 0.004$	$4.321 \pm 0.004$	$52.5 \pm 0.4$	$8.0 \pm 0.4$
70:30 DMSO: $\text{H}_2\text{O}$ at $4 \text{ }^\circ\text{C}$	$1.094 \pm 0.006$	$8.890 \pm 0.006$	$53.77 \pm 0.17$	$3.95 \pm 0.21$
11.2 mg/mL timolol solution at $4 \text{ }^\circ\text{C}$	$1.101 \pm 0.012$	$9.086 \pm 0.009$	$52.57 \pm 0.74$	$3.83 \pm 0.20$

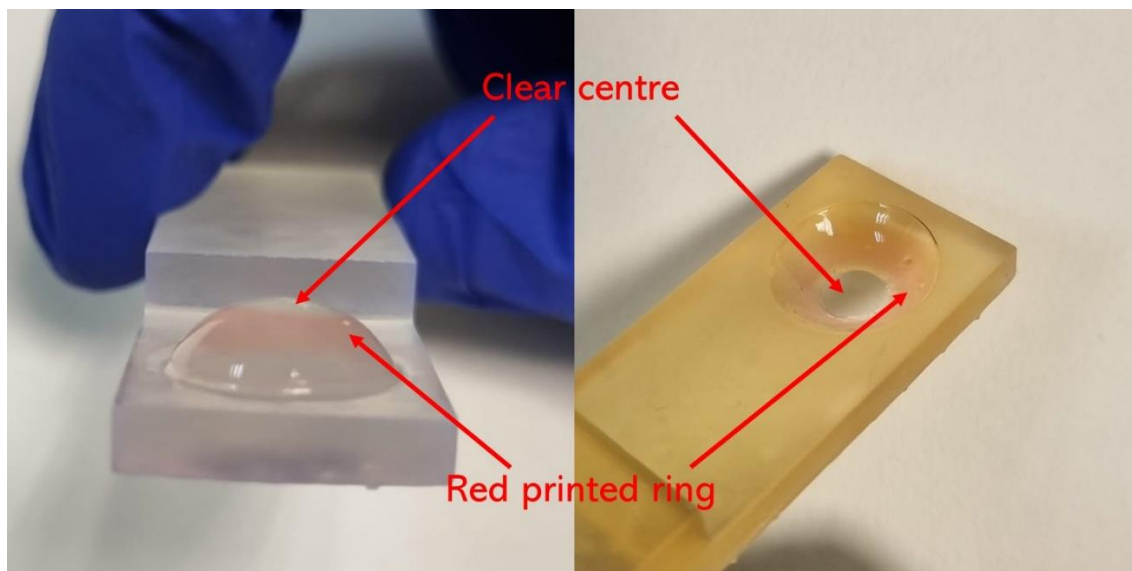
296

### 297 3.2 Inkjet printing onto contact lenses

298 Timolol maleate loaded ink (with or without the colourant) was successfully printed onto both  
 299 sides of the contact lenses (Figure 4). The ring shape chosen for printing would avoid  
 300 obstruction of vision. The drug-loaded ink was tested for printing at both room temperature  
 301 and  $4 \text{ }^\circ\text{C}$ . The printer was able to print with the ink and reproduce the desired shapes at both  
 302 temperatures. The Z-value of the ink at  $4 \text{ }^\circ\text{C}$  was below the literature ideal printing range of 4-  
 303 14 (Jang et al., 2009), which is expected to give a lower positional accuracy and printing  
 304 resolution. However, the inks were very close to the ideal printable range since the Z-values  
 305 were close to 4. From observation, the accuracy of the printing did not appear to be  
 306 substantially affected. The printer was able to print onto both the inside and outside of the  
 307 contact lens. This may have the potential to alter the drug release rate and bioavailability in

308 vivo. If the drug is printed on the outside face of the contact lens, the contact lens will act as a  
309 barrier between the drug and the eye surface, limiting absorption. The movement of the eyelids  
310 may speed up the release of the drug from the contact lenses. When printing on the inside  
311 face of the contact lens, the drug would be in direct contact with the eye, which may increase  
312 absorption. The drug release here would not be affected by the movement of the eyelids.

313



314

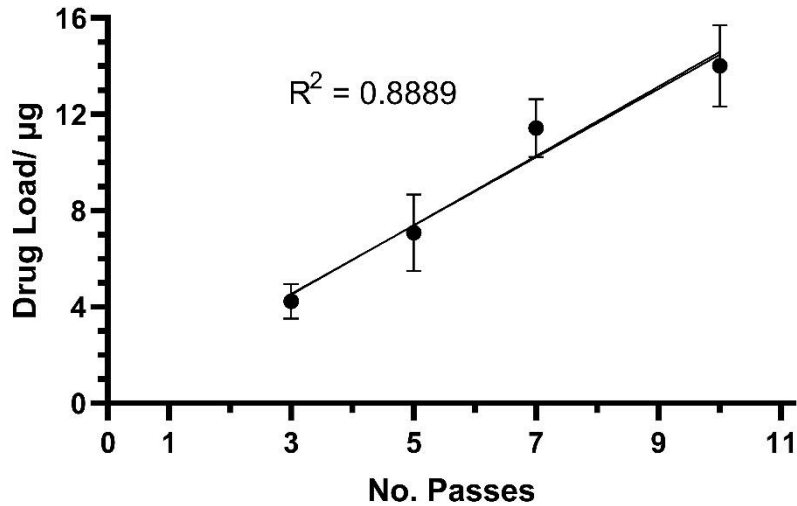
**Figure 4** Different angles of the printed contact lens.

316

### 317 3.3 Characterisation of drug-loaded contact lenses

318 The results from measuring drug load with different numbers of prints onto contact lenses are  
319 shown in Figure 5. The drug load appears to increase linearly ( $R^2= 0.8889$ ) with the number  
320 of passes as expected. The results also demonstrate that timolol maleate was both printable  
321 onto a contact lens and extractable. It was decided to limit the maximum number of passes  
322 to 10 due to the time taken to print high numbers of passes. This could be printed in 15 minutes  
323 per contact lens.

324

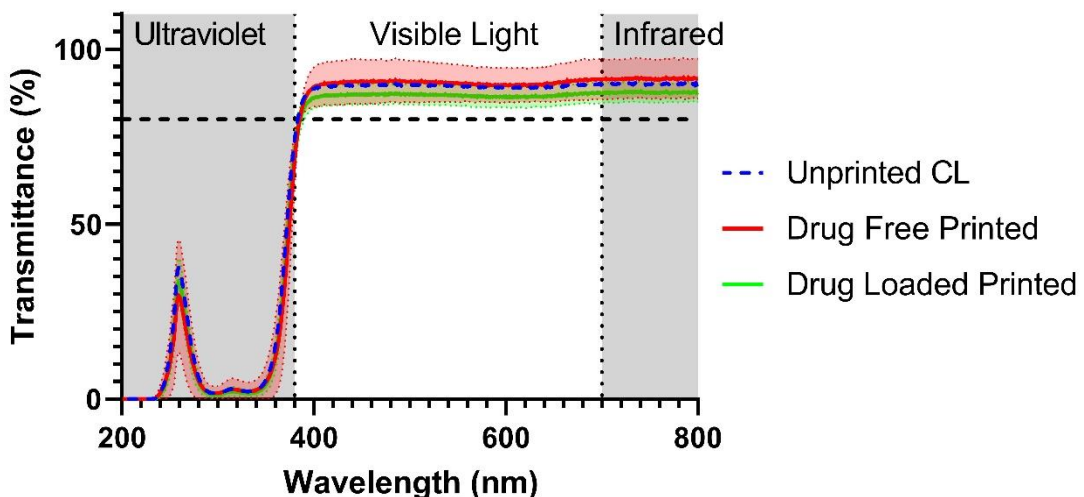


325

**Figure 5.** Plot of drug loading against number of passes.

327

328 Light transmittance was measured through both drug-loaded and drug-free printed contact  
 329 lenses at 10 passes, and the commercial contact lenses without printing. The inks used here  
 330 did not contain red colourant as this would absorb light. Light transmittance of all contact  
 331 lenses showed values above 85% in the visible range (380 to 700 nm). No significant  
 332 differences in light transmittance were observed between the printed drug loaded CLs and  
 333 drug free CLs (Figure 6). The presence of a UV blocking filter in the lenses significantly  
 334 reduced the transmission of UV radiation below 380 nm (Lira et al., 2009). The high  
 335 transmittance of the drug-loaded contact lenses in the visible region indicated that the drug-  
 336 loaded contact lenses would not interfere with normal vision, and thus making them suitable  
 337 for use.

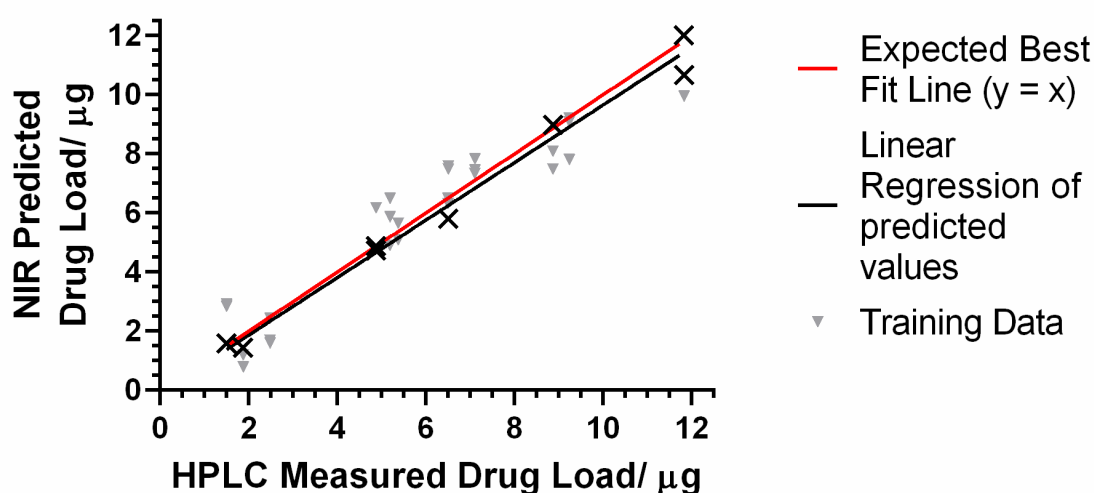


338

**Figure 6.** Light transmission of the drug-loaded and non-drug loaded CLs with 10 passes, and the unmodified commercial contact lenses. The horizontal dashed line indicates 85% transmittance, while the dark grey regions indicate the ultraviolet and infrared spectrum. The coloured shaded regions represent the standard deviation in the measurement.

### 339 3.3 Quality control with near infrared (NIR) spectroscopy

340 To create a multivariable calibration model, different spectral pre-processing techniques were  
341 evaluated. Data pre-treatment was required to eliminate and minimise variability, extract  
342 relevant chemical information and improve the accuracy of quantification (Rinnan et al., 2009).  
343 In this study, several PLS models were developed with three different pre-treatment filters and  
344 their combinations (Standard Normal Variate, Savitzky-Golay smoothing, and Multiplicative  
345 Scatter Correction (MSC)) applied to the spectra. The model with the lowest root mean square  
346 error (RMSE) value and higher linearity (largest  $R^2$ ) was selected. The selected model used  
347 wavelengths between 950 – 1,650 nm and a 2nd derivative (Savitzky–Golay with a filter width  
348 of 25 and a 2nd polynomial) pre-processing technique. The correlation between NIR predicted  
349 values and the reference concentrations determined with HPLC is shown in Figure 7. The  
350 model showed a good linearity ( $R^2 = 0.9120$ ) with an RMSE of 1.1196 for the total of 12  
351 samples over a timolol maleate mass range from 1.50 to 11.83  $\mu\text{g}$  (3, 5, 7 and 10 passes),  
352 confirming that the NIR results were proportional to timolol maleate concentration in the  
353 contact lenses in the stated range. Hence, NIR provides an accurate method for quality control  
354 via non-destructive drug load measurements.



355 **Figure 7.** PLS model of NIR predicted vs. HPLC determined timolol content. The expected best fit line  
is for the actual concentration equal to the predicted concentration.

356

### 357 3.4 *In vitro* drug release study

358 Contact lenses were loaded with 10 passes of drug on the inside (Figure 8A) or outside (Figure  
359 8B) face and the drug release measured using an in-house designed rig, which was designed  
360 to mimic the behaviour of contact lenses *in vivo*. The 2.0  $\mu\text{L}/\text{min}$  is similar to the aqueous  
361 humour inflow in the human eye (Goel et al., 2010; Radenbaugh et al., 2006). The curved  
362 nature of the vessel allowed the contact lens to retain its normal shape.

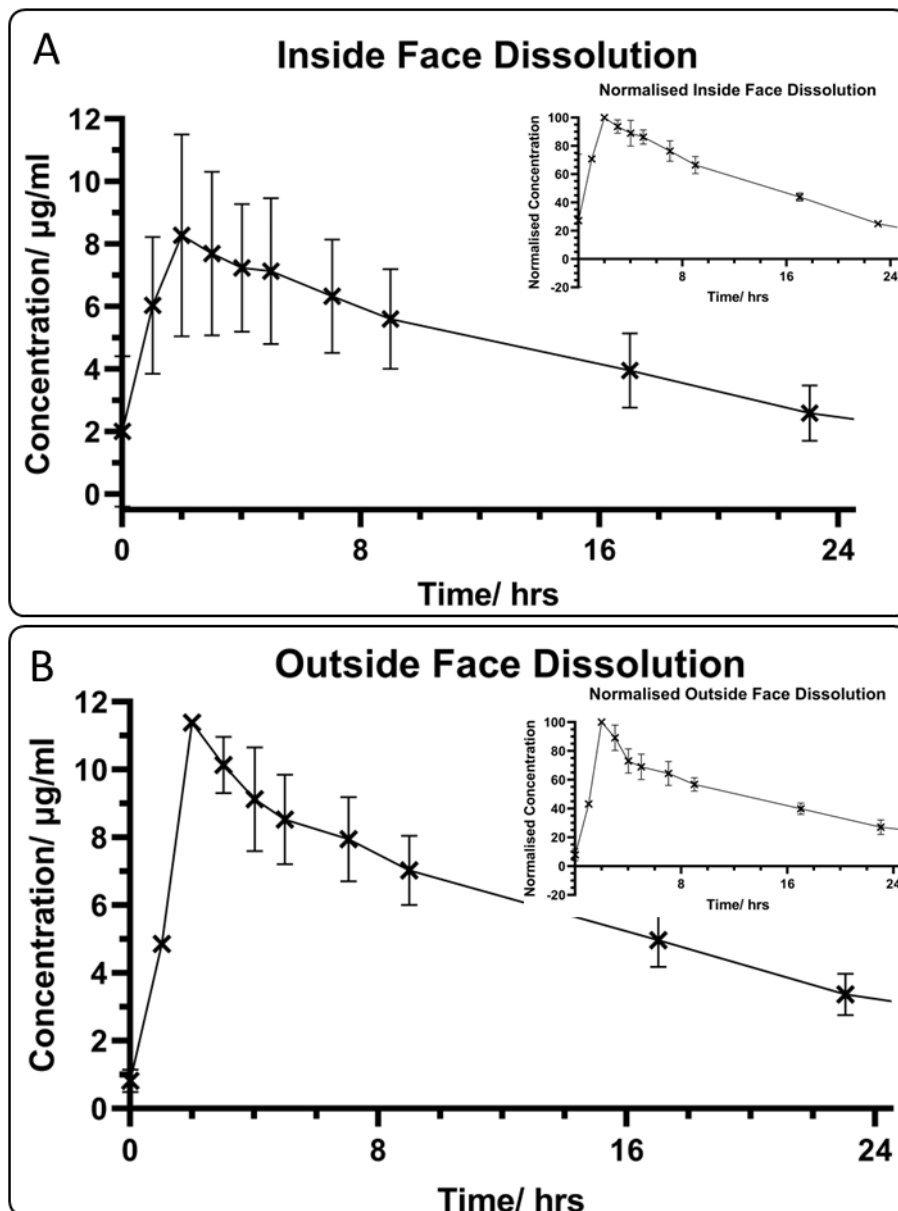
363 One consideration was the volume of the rig. The volume used was much higher than previous  
364 studies (Angkawitwong et al., 2017; Xu et al., 2021); 2.2 mL vs 200  $\mu\text{L}$ , respectively.  
365 However, these models are too small for the contact lenses to fit and retain their shape as  
366 they were predominantly designed for subconjunctival formulations. The curved bottom part  
367 of the rig meant only one surface of the contact lens was in contact with the liquid, which is  
368 more realistic.

369 Two key factors were necessary in the design of the rig model. Firstly, the delay time from the  
370 outlet piping was considered. Using a similar method used for measuring the volume of the  
371 rig model, the volume of the outlet pipe was measured as  $121 \pm 7 \mu\text{L}$ , equivalent to a time  
372 delay of  $1.00 \pm 0.06$  hrs. Additionally, the continuous pumping may lead to continual dilution  
373 of the drug sample, which needs to be correctly identified as the dilution of the existing drug  
374 and not as continued drug release. Once all the drug was released, the decay would be  
375 exponential with a characteristic time of  $\tau = \frac{V}{r}$ , where  $\tau$  was the characteristic decay time,  $r$   
376 was the rate of infusion, and  $V$  was the volume of the vessel (Supplementary Material 1).

377 The drug concentration from the *in vitro* release model showed a peak in the  $C_{\text{max}}$  ( $11.38 \pm$   
378  $0.19$  and  $8 \pm 3 \mu\text{g}/\text{mL}$  for the outside and inside face respectively) at 2 h (Figure 8), followed  
379 by a gradual decrease in concentration. The lower maximum concentration for the inside face  
380 compared to the outside face can be attributed to the drug being between the contact lens and  
381 the curved part of the dissolution apparatus for inside face printing. Hence, the drug either has  
382 to diffuse through the contact lens or the solution has to penetrate between the contact lens  
383 and the curved surface. These are both a greater barrier to drug being freely in the solution  
384 compared to the drug being on the outside face, and thus in constant contact with the bulk of  
385 the liquid. Hence, the inside face has a lower concentration maximum.

386 The inside face dissolution results also showed a large variation in concentration. This may  
387 be due to differences in adhesion of the contact lens to the dissolution rig giving different  
388 amounts of liquid able to pass under the contact lens. The variation may also be partly due to  
389 differences in alignment during printing giving different drug loads. Conceivably, a purpose-  
390 built inkjet printer could have a camera to accurately verify alignment of the contact lenses  
391 and reduce drug load variations.





**Figure 8.** Results from the *in vitro* drug release study. Error bars are  $\pm 1$  standard deviation. **A)** Measurements of concentration collected over time with the drug printed on the inside face of the contact lens. Insert – plot with the concentration relative to the maximum concentration for the inside face dissolution. **B)** Measurements of drug concentration over time for drug printed on the outside face of the contact lens.

394 The decay constant of the exponentially decaying parts of the curves corresponds to a vessel  
 395 volume of  $2410 \pm 70$  and  $2530 \pm 70$   $\mu\text{L}$  for the inside and outside faces respectively. The  
 396 measured vessel volume was  $2220 \pm 240$   $\mu\text{L}$ . The agreement of these values suggests the  
 397 drug concentration decay was indeed due to continuous dilution from the pump. It is not  
 398 obvious at which point the drug is fully released and starts being diluted, but dilution appears  
 399 to start at some point between 3 and 7 h. It is evident that the drug release was not

400 instantaneous, and that the drug-loaded contact lenses released drug in the span of a few  
401 hours. This was a significant improvement over standard eye droplets, which have a pre-  
402 corneal retention time of approximately 10 minutes (Jumelle et al., 2020).

403

### 404 3.5 Discussion

405 In this work, we have demonstrated the effectiveness of inkjet printing for dispensing drugs  
406 onto contact lenses, and NIR as a non-destructive PAT tool for dose verification. Inkjet printing  
407 of drugs onto contact lenses boasts a number of advantages compared to eye drops, the  
408 current standard dosage form. Eye drops have varying sizes (Lederer and Harold, 1986;  
409 Moore et al., 2017), whereas inkjet printing onto contact lenses allows for a controlled and  
410 known dose to be dispensed. In addition, inkjet printing improves the retention time (at least 3  
411 h compared to 10 minutes for eye drops) and is much more applicable for contact lens users.  
412 Around 140 million people globally currently wear contact lenses, which is set to rise as a  
413 result of increasing product availability, low-cost options, and an improvement on both the  
414 quality of life and vision without changing physical appearance (Bhargava, 2020).

415 Quality control is a crucial step for decentralised dispensing, as the amount of drug given must  
416 be measured non-destructively in order for the drug product to meet the necessary regulations  
417 and specifications. NIR spectroscopy is an industry standard analytical method for quality  
418 control that can help to overcome limitations in translating 3D printed pharmaceuticals into  
419 clinical settings (Seoane-Viaño et al., 2021). This technology has already proven capable of  
420 quantifying drugs in 3D-printed dosage forms (Trenfield et al., 2020), but has never been used  
421 to quantify drugs in contact lenses. Here, NIR with a 2nd derivative (Savitzky–Golay) filter  
422 showed excellent linearity between the predicted and actual drug dose. Hence, the  
423 combination of inkjet printing with NIR presents a considerable opportunity for the  
424 personalised, point-of-care loading of glaucoma therapies. The point-of-care loading would  
425 also mean that the contact lens storage would not be affected, since only small volumes are  
426 printed,

427 Printing was demonstrated on both the inside and outside face of the contact lens. The  
428 advantage of being able to do either is that this could potentially be used to alter the drug  
429 release. Printing on the outside is anticipated to lead to faster dissolution than inside printing  
430 due to the eyelid movement, whereas inside face printing is expected to lead to greater  
431 bioavailability; increased concentration of the drug near the cornea surface means more drug  
432 is able to diffuse through to give higher bioavailability (Maulvi et al., 2016). Indeed, contact  
433 lenses have previously been shown to have greater bioavailability and greater reductions in  
434 intraocular pressure with lower drug loads using soaked contact lenses (Hsu et al., 2015). The

435 differences between printing on the inside and outside of the contact lenses should be studied  
436 in vivo, in future work. Care would be needed when printing on the outside to avoid smearing.

437 Compared to other contact lens loading methods, inkjet printing has many favourable  
438 attributes. Personalised treatment is of high clinical need in ophthalmology (Ong et al., 2013),  
439 and inkjet printing can provide this. Additionally, inkjet printing could be used to produce  
440 different doses in each eye, such as for unilateral glaucoma. It is possible for inkjet printing to  
441 manufacture the dosage forms at the point-of-care, and the drug dispensing process is much  
442 more straight-forward than direct embedding. Point-of-care production could be done at a  
443 convenient place for the patient, which is especially useful for glaucoma patients as they are  
444 less mobile (Friedman et al., 2007; Turano et al., 1999). Drug loaded contact lenses produced  
445 by soaking do not allow for users to control the dose, and shows rapid drug release (< 1 h)  
446 (Wuchte et al., 2021). Direct embedding does allow for tailored dosing, but it also has multiple  
447 steps in the manufacturing process, such as sonication, curing and washing, which make it  
448 unsuitable for point-of-care dispensing (Maulvi et al., 2020; Maulvi et al., 2015). In comparison,  
449 we have shown that inkjet printing shows a more prolonged released than soaking, and allows  
450 for controlled dosing. This inkjet printing method also produced higher drug loads than  
451 previous inkjet printing loaded contact lenses (Tetyczka et al., 2022).

452 Inkjet printheads can also easily contain multiple different inks, and so inkjet printing could  
453 allow for multi-drug therapies. Additionally, diffusion barriers, such as vitamin E, could be  
454 printed to give a more controlled release profile.

455 Further work into inkjet printing could also help to overcome some of the limitations with the  
456 method. The method presented here has fairly low drug loads. Development of a custom-built  
457 printer could better match the properties of the ink to give bigger droplets and thus higher drug  
458 loads. Additionally, other issues from printing, such as possible recrystallization of the drug or  
459 disturbances in the optical properties of the lenses, should be thoroughly checked. Due to the  
460 drug loads used and the light transmission results, it is not expected that these issues will  
461 occur.

462

#### 463 **4. Conclusions**

464 The printing of timolol maleate was demonstrated with an adapted commercial inkjet printer.  
465 The drug solutions were tailored to match the commercial inks, and the drug dosing of timolol  
466 maleate was successfully controlled by printing multiple times. NIR measurements with a  
467 Savitzky–Golay filter was successfully demonstrated as a means for quality control by  
468 measuring the drug load non-destructively. A novel *in vitro* release apparatus was designed

469 to mimic the drug dissolution from a contact lens around the eye. Results from this study  
470 indicated that the contact lenses were capable of releasing drug over multiple hours, much  
471 longer than the standard eye droplet retention time. As such, this system was an efficient  
472 method for improving the drug release from the eye using printed-on contact lenses. Additional  
473 work to modify the printer would enable the drug dose to be increased, while alterations to the  
474 contact lenses could allow for more controlled drug release, thus enhancing the method's  
475 potential further. In summary, inkjet printing is a leading technology that has the potential to  
476 improve drug release from the eye for the treatment of various front of the eye ocular diseases.

477

## 478 **ACKNOWLEDGEMENTS**

479 T.D.P acknowledges the Engineering and Physical Sciences Research Council (EPSRC), UK  
480 for their financial support (EP/R513143/1). I.S.-V. acknowledges Consellería de Cultura,  
481 Educación e Universidade for her Postdoctoral Fellowship (Xunta de Galicia, Spain; ED481B-  
482 2021-019). P.J. acknowledges the Engineering and Physical Sciences Research Council  
483 (EPSRC) UK grant number EP/S023054/1. S.A. is grateful for funding from National Institute  
484 of Health Research (NIHR) Biomedical Research Centre at Moorfields Eye Hospital NHS  
485 Foundation Trust and UCL Institute of Ophthalmology, Moorfields Special Trustees, the Helen  
486 Hamlyn Trust (in memory of Paul Hamlyn), Medical Research Council, Fight for Sight, John  
487 Nolan and the Michael and Ilse Katz foundation. The authors would like to thank John Frost  
488 for his assistance in fabricating the flow rig model. The authors would also like to thank the  
489 VIAVI UK team for the loan of their MicroNIR 1700ES equipment.

490 **References**

- 491 Abu-Hassan, D.W., Acott, T.S., Kelley, M.J., 2014. The Trabecular Meshwork: A Basic Review  
492 of Form and Function. *J Ocul Biol* 2, <http://fulltextarticles.avensonline.org/JOEB-2334-2838->  
493 2302-0017.html.
- 494 Akbari, E., Imani, R., Shokrollahi, P., Heidari keshel, S., 2021. Preparation of Nanoparticle-  
495 Containing Ring-Implanted Poly(Vinyl Alcohol) Contact Lens for Sustained Release of  
496 Hyaluronic Acid. *Macromolecular Bioscience* 21, 2100043.
- 497 Allison, K., Patel, D., Alabi, O., 2020. Epidemiology of Glaucoma: The Past, Present, and  
498 Predictions for the Future. *Cureus* 12, e11686-e11686.
- 499 Alomari, M., Vuddanda, P.R., Trenfield, S.J., Doodoo, C.C., Velaga, S., Basit, A.W., Gaisford,  
500 S., 2018. Printing T3 and T4 oral drug combinations as a novel strategy for hypothyroidism.  
501 *International Journal of Pharmaceutics* 549, 363-369.
- 502 Angkawinitwong, U., Awwad, S., Khaw, P.T., Brocchini, S., Williams, G.R., 2017. Electrospun  
503 formulations of bevacizumab for sustained release in the eye. *Acta Biomaterialia* 64, 126-136.
- 504 Azizi Macheuposhti, S., Zhang, B., Sachan, R., Vanderwal, L., Stafslie, S.J., Narayan, R.J.,  
505 2021. Patterned surfaces with the controllable drug doses using inkjet printing. *Journal of*  
506 *Materials Research* 36, 3865-3876.
- 507 Bachu, R.D., Chowdhury, P., Al-Saedi, Z.H.F., Karla, P.K., Boddu, S.H.S., 2018. Ocular Drug  
508 Delivery Barriers-Role of Nanocarriers in the Treatment of Anterior Segment Ocular Diseases.  
509 *Pharmaceutics* 10, 28.
- 510 Bhargava, R., 2020. Contact lens use at the time of SARS-CoV-2 pandemic for healthcare  
511 workers. *Indian J Med Res* 151, 392-394.
- 512 Chang, S.-Y., Jin, J., Yan, J., Dong, X., Chaudhuri, B., Nagapudi, K., Ma, A.W.K., 2021.  
513 Development of a pilot-scale HuskyJet binder jet 3D printer for additive manufacturing of  
514 pharmaceutical tablets. *International Journal of Pharmaceutics* 605, 120791.
- 515 Chemical, C., 2022. Timolol (maleate) product information.
- 516 Chou, W.-H., Gamboa, A., Morales, J.O., 2021. Inkjet printing of small molecules, biologics,  
517 and nanoparticles. *International Journal of Pharmaceutics* 600, 120462.
- 518 Chu, Z., Xue, C., Shao, K., Xiang, L., Zhao, X., Chen, C., Pan, J., Lin, D., 2022. Photonic  
519 Crystal-Embedded Molecularly Imprinted Contact Lenses for Controlled Drug Release. *ACS*  
520 *Applied Bio Materials* 5, 243-251.
- 521 Ciolino, J.B., Ross, A.E., Tulsan, R., Watts, A.C., Wang, R.-F., Zurakowski, D., Serle, J.B.,  
522 Kohane, D.S., 2016. Latanoprost-Eluting Contact Lenses in Glaucomatous Monkeys.  
523 *Ophthalmology* 123, 2085-2092.
- 524 Conde Penedo, A., Díaz Tomé, V., Fernández Ferreiro, A., González Barcia, M., Otero  
525 Espinar, F.J., 2021. Enhancement in corneal permeability of riboflavin using cyclodextrin  
526 derivatives complexes as a previous step to transepithelial cross-linking. *European Journal of*  
527 *Pharmaceutics and Biopharmaceutics* 162, 12-22.
- 528 Daly, R., Harrington, T.S., Martin, G.D., Hutchings, I.M., 2015. Inkjet printing for pharmaceutics  
529 - A review of research and manufacturing. *Int J Pharm* 494, 554-567.

530 Datta, D., Roy, G., Garg, P., Venuganti, V.V.K., 2022. Ocular delivery of cyclosporine A using  
531 dissolvable microneedle contact lens. *Journal of Drug Delivery Science and Technology* 70,  
532 103211.

533 Edinger, M., Iftimi, L.-D., Markl, D., Al-Sharabi, M., Bar-Shalom, D., Rantanen, J., Genina, N.,  
534 2019. Quantification of Inkjet-Printed Pharmaceuticals on Porous Substrates Using Raman  
535 Spectroscopy and Near-Infrared Spectroscopy. *AAPS PharmSciTech* 20, 207.

536 European Glaucoma Society, 2021. European Glaucoma Society Terminology and Guidelines  
537 for Glaucoma, 5th Edition. *Br J Ophthalmol* 105, 1-169.

538 Evans, S.E., Harrington, T., Rodriguez Rivero, M.C., Rognin, E., Tuladhar, T., Daly, R., 2021.  
539 2D and 3D inkjet printing of biopharmaceuticals – A review of trends and future perspectives  
540 in research and manufacturing. *International Journal of Pharmaceutics* 599, 120443.

541 FDA, 2013. Istalol (timolol melate) ophthalmic solution label.

542 Franco, P., De Marco, I., 2021. Contact Lenses as Ophthalmic Drug Delivery Systems: A  
543 Review. *Polymers* 13.

544 Friedman, D.S., Freeman, E., Munoz, B., Jampel, H.D., West, S.K., 2007. Glaucoma and  
545 Mobility Performance: The Salisbury Eye Evaluation Project. *Ophthalmology* 114, 2232-  
546 2237.e2231.

547 Fromm, J.E., 1984. Numerical Calculation of the Fluid Dynamics of Drop-on-Demand Jets.  
548 *IBM Journal of Research and Development* 28, 322-333.

549 Goel, M., Picciani, R.G., Lee, R.K., Bhattacharya, S.K., 2010. Aqueous humor dynamics: a  
550 review. *Open Ophthalmol J* 4, 52-59.

551 Guo, Q., Jia, L., Qinggeletu, Zhang, R., Yang, X., 2021. In vitro and in vivo evaluation of  
552 ketotifen-gold nanoparticles laden contact lens for controlled drug delivery to manage  
553 conjunctivitis. *Journal of Drug Delivery Science and Technology* 64, 102538.

554 Gupta, R., Patil, B., Shah, B.M., Bali, S.J., Mishra, S.K., Dada, T., 2012. Evaluating Eye Drop  
555 Instillation Technique in Glaucoma Patients. *Journal of Glaucoma* 21.

556 Hanna, C., Fraunfelder, F.T., Meyer, S.M., 1977. Effects of dimethyl sulfoxide on ocular  
557 inflammation. *Ann Ophthalmol* 9, 61-65.

558 Hewitt, M.G., Morrison, P.W.J., Boostrom, H.M., Morgan, S.R., Fallon, M., Lewis, P.N.,  
559 Whitaker, D., Brancale, A., Varricchio, C., Quantock, A.J., Burton, M.J., Heard, C.M., 2020. In  
560 Vitro Topical Delivery of Chlorhexidine to the Cornea: Enhancement Using Drug-Loaded  
561 Contact Lenses and  $\beta$ -Cyclodextrin Complexation, and the Importance of Simulating Tear  
562 Irrigation. *Molecular Pharmaceutics* 17, 1428-1441.

563 Hirshfield, L., Giridhar, A., Taylor, L.S., Harris, M.T., Reklaitis, G.V., 2014. Dropwise Additive  
564 Manufacturing of Pharmaceutical Products for Solvent-Based Dosage Forms. *Journal of*  
565 *Pharmaceutical Sciences* 103, 496-506.

566 Hsu, K.-H., Carbia, B.E., Plummer, C., Chauhan, A., 2015. Dual drug delivery from vitamin E  
567 loaded contact lenses for glaucoma therapy. *European Journal of Pharmaceutics and*  
568 *Biopharmaceutics* 94, 312-321.

569 Information., N.C.f.B., 2022. PubChem Annotation Record for TIMOLOL, Source: Hazardous  
570 Substances Data Bank (HSDB).

571 Jang, D., Kim, D., Moon, J., 2009. Influence of Fluid Physical Properties on Ink-Jet Printability.  
572 Langmuir 25, 2629-2635.

573 Jumelle, C., Gholizadeh, S., Annabi, N., Dana, R., 2020. Advances and limitations of drug  
574 delivery systems formulated as eye drops. Journal of Controlled Release 321, 1-22.

575 Kaur, G., Seitzman, G.D., Lietman, T.M., McLeod, S.D., Porco, T.C., Doan, T., Deiner, M.S.,  
576 2022. Keeping an eye on pink eye: a global conjunctivitis outbreak expert survey. International  
577 Health 14, 542-544.

578 Kiefer, O., Fischer, B., Breitzkreutz, J., 2021. Fundamental Investigations into Metoprolol  
579 Tartrate Deposition on Orodispersible Films by Inkjet Printing for Individualised Drug Dosing.  
580 Pharmaceutics 13, 247.

581 Lacey, J., Cate, H., Broadway, D.C., 2009. Barriers to adherence with glaucoma medications:  
582 a qualitative research study. Eye (Lond) 23, 924-932.

583 LeBel, R.G., Goring, D.A.I., 1962. Density, Viscosity, Refractive Index, and Hygroscopicity of  
584 Mixtures of Water and Dimethyl Sulfoxide. Journal of Chemical & Engineering Data 7, 100-  
585 101.

586 Lederer, C.M., Jr., Harold, R.E., 1986. Drop Size of Commercial Glaucoma Medications.  
587 American Journal of Ophthalmology 101, 691-694.

588 Li, R., Guan, X., Lin, X., Guan, P., Zhang, X., Rao, Z., Du, L., Zhao, J., Rong, J., Zhao, J.,  
589 2020. Poly(2-hydroxyethyl methacrylate)/ $\beta$ -cyclodextrin-hyaluronan contact lens with tear  
590 protein adsorption resistance and sustained drug delivery for ophthalmic diseases. Acta  
591 Biomaterialia 110, 105-118.

592 Lira, M., dos Santos Castanheira, E.M., Santos, L., Azeredo, J., Yebra-Pimentel, E., Real  
593 Oliveira, M.E.C.D., 2009. Changes in UV-Visible Transmittance of Silicone-Hydrogel Contact  
594 Lenses Induced by Wear. Optometry and Vision Science 86.

595 Liu, Z., Jiao, Z., Luo, R., Fu, J., 2021. Travoprost-loaded PEGylated solid lipid nanoparticle-  
596 laden silicone contact lens for managing glaucoma. Journal of Drug Delivery Science and  
597 Technology 66, 102731.

598 Lohse, D., 2022. Fundamental Fluid Dynamics Challenges in Inkjet Printing. Annual Review  
599 of Fluid Mechanics 54, 349-382.

600 Malaekheh-Nikouei, B., Vahabzadeh, S.A., Mohajeri, S.A., 2013. Preparation of a molecularly  
601 imprinted soft contact lens as a new ocular drug delivery system for dorzolamide. Curr Drug  
602 Deliv 10, 279-285.

603 Markarian, S.A., Terzyan, A.M., 2007. Surface Tension and Refractive Index of  
604 Dialkylsulfoxide + Water Mixtures at Several Temperatures. Journal of Chemical &  
605 Engineering Data 52, 1704-1709.

606 Maulvi, F.A., Kanani, P.A., Jadav, H.J., Desai, B.V., Desai, D.T., Patel, H.P., Shetty, K.H.,  
607 Shah, D.O., Willcox, M.D.P., 2022. Timolol-eluting graphene oxide laden silicone contact lens:  
608 Control release profile with improved critical lens properties. Journal of Drug Delivery Science  
609 and Technology 69, 103134.

- 610 Maulvi, F.A., Parmar, R.J., Desai, A.R., Desai, D.M., Shukla, M.R., Ranch, K.M., Shah, S.A.,  
611 Shah, D.O., 2020. Tailored gatifloxacin Pluronic® F-68-loaded contact lens: Addressing the  
612 issue of transmittance and swelling. *International Journal of Pharmaceutics* 581, 119279.
- 613 Maulvi, F.A., Soni, T.G., Shah, D.O., 2015. Extended release of hyaluronic acid from hydrogel  
614 contact lenses for dry eye syndrome. *Journal of Biomaterials Science, Polymer Edition* 26,  
615 1035-1050.
- 616 Maulvi, F.A., Soni, T.G., Shah, D.O., 2016. A review on therapeutic contact lenses for ocular  
617 drug delivery. *Drug Delivery* 23, 3017-3026.
- 618 Moore, D.B., Beck, J., Kryscio, R.J., 2017. An objective assessment of the variability in number  
619 of drops per bottle of glaucoma medication. *BMC Ophthalmology* 17, 78.
- 620 Mu, C., Lee, V., Liu, Y., Han, Y., Marriott, G., 2021. An Engineered Contact Lens for Passive  
621 and Sustained Release of Lifitegrast, an Anti-Dry Eye Syndrome Drug. *bioRxiv*,  
622 2021.2004.2010.439289.
- 623 Ong, F.S., Kuo, J.Z., Wu, W.-C., Cheng, C.-Y., Blackwell, W.-L.B., Taylor, B.L., Grody, W.W.,  
624 Rotter, J.I., Lai, C.-C., Wong, T.Y., 2013. Personalized Medicine in Ophthalmology: From  
625 Pharmacogenetic Biomarkers to Therapeutic and Dosage Optimization, *Journal of*  
626 *Personalized Medicine*, pp. 40-69.
- 627 Patel, A., Cholkar, K., Agrahari, V., Mitra, A.K., 2013. Ocular drug delivery systems: An  
628 overview. *World J Pharmacol* 2, 47-64.
- 629 Pereira-da-Mota, A.F., Phan, C.-M., Concheiro, A., Jones, L., Alvarez-Lorenzo, C., 2022.  
630 Testing drug release from medicated contact lenses: The missing link to predict in vivo  
631 performance. *Journal of Controlled Release* 343, 672-702.
- 632 Pollard, T.D., Bonetti, M., Day, A., Gaisford, S., Orlu, M., Basit, A.W., Murdan, S., Goyanes,  
633 A., 2022. Printing Drugs onto Nails for Effective Treatment of Onychomycosis. *Pharmaceutics*  
634 14, 448.
- 635 Radenbaugh, P.A., Goyal, A., McLaren, N.C., Reed, D.M., Musch, D.C., Richards, J.E., Moroi,  
636 S.E., 2006. Concordance of Aqueous Humor Flow in the Morning and at Night in Normal  
637 Humans. *Investigative Ophthalmology & Visual Science* 47, 4860-4864.
- 638 Raesian, P., Rad, M.S., Khodaverdi, E., Motamedshariaty, V.S., Mohajeri, S.A., 2021.  
639 Preparation and characterization of fluorometholone molecular imprinted soft contact lenses  
640 as ocular controlled drug delivery systems. *Journal of Drug Delivery Science and Technology*  
641 64, 102591.
- 642 Rinnan, Å., Berg, F.v.d., Engelsen, S.B., 2009. Review of the most common pre-processing  
643 techniques for near-infrared spectra. *TrAC Trends in Analytical Chemistry* 28, 1201-1222.
- 644 Rossetti, L., Digiuni, M., Montesano, G., Centofanti, M., Fea, A.M., Iester, M., Frezzotti, P.,  
645 Figus, M., Ferreras, A., Oddone, F., Tanga, L., Rolle, T., Battaglino, V., Posarelli, C., Motolese,  
646 I., Mittica, P., Bagaglia, S.A., Menicacci, C., De Cilla, S., Autelitano, A., Fogagnolo, P., 2016.  
647 Correction: Blindness and Glaucoma: A Multicenter Data Review from 7 Academic Eye  
648 Clinics. *PLoS One* 11, e0151010.
- 649 Rykowska, I., Nowak, I., Nowak, R., 2021. Soft Contact Lenses as Drug Delivery Systems: A  
650 Review. *Molecules (Basel, Switzerland)* 26, 5577.



651 Seoane-Viaño, I., Trenfield, S.J., Basit, A.W., Goyanes, A., 2021. Translating 3D printed  
652 pharmaceuticals: From hype to real-world clinical applications. *Adv. Drug Deliv. Rev.* 174,  
653 553-575.

654 Silva, D., de Sousa, H.C., Gil, M.H., Alvarez-Lorenzo, C., Saramago, B., Serro, A.P., 2021a.  
655 Layer-by-layer coated silicone-based soft contact lens hydrogel for diclofenac sustained  
656 release. *Annals of Medicine* 53, S22-S23.

657 Silva, D., de Sousa, H.C., Gil, M.H., Santos, L.F., Oom, M.S., Alvarez-Lorenzo, C., Saramago,  
658 B., Serro, A.P., 2021b. Moxifloxacin-imprinted silicone-based hydrogels as contact lens  
659 materials for extended drug release. *European Journal of Pharmaceutical Sciences* 156,  
660 105591.

661 Stranzinger, S., Wolfgang, M., Klotz, E., Scheibelhofer, O., Ghiotti, P., Khinast, J.G., Hsiao,  
662 W.K., Paudel, A., 2021. Near-Infrared Hyperspectral Imaging as a Monitoring Tool for On-  
663 Demand Manufacturing of Inkjet-Printed Formulations. *AAPS PharmSciTech* 22, 211.

664 Stryker, J.E., Beck, A.D., Primo, S.A., Echt, K.V., Bundy, L., Pretorius, G.C., Glanz, K., 2010.  
665 An exploratory study of factors influencing glaucoma treatment adherence. *J Glaucoma* 19,  
666 66-72.

667 Tetyczka, C., Brisberger, K., Reiser, M., Zettl, M., Jeitler, R., Winter, C., Kolb, D., Leitinger,  
668 G., Spoerk, M., Roblegg, E., 2022. Itraconazole Nanocrystals on Hydrogel Contact Lenses via  
669 Inkjet Printing: Implications for Ophthalmic Drug Delivery. *ACS Applied Nano Materials* 5,  
670 9435-9446.

671 Tian, Y., Orlu, M., Woerdenbag, H.J., Scarpa, M., Kiefer, O., Kottke, D., Sjöholm, E., Öblom,  
672 H., Sandler, N., Hinrichs, W.L.J., Frijlink, H.W., Breitzkreutz, J., Visser, J.C., 2019. Oromucosal  
673 films: from patient centricity to production by printing techniques. *Expert Opinion on Drug*  
674 *Delivery* 16, 981-993.

675 Trenfield, S.J., Januskaite, P., Goyanes, A., Wilsdon, D., Rowland, M., Gaisford, S., Basit,  
676 A.W., 2022. Prediction of Solid-State Form of SLS 3D Printed Medicines Using NIR and  
677 Raman Spectroscopy. *Pharmaceutics* 14.

678 Trenfield, S.J., Tan, H.X., Goyanes, A., Wilsdon, D., Rowland, M., Gaisford, S., Basit, A.W.,  
679 2020. Non-destructive dose verification of two drugs within 3D printed polyprintlets. *Int. J.*  
680 *Pharm.* 577, 119066.

681 Tsai, J.C., McClure, C.A., Ramos, S.E., Schlundt, D.G., Pichert, J.W., 2003. Compliance  
682 barriers in glaucoma: a systematic classification. *J Glaucoma* 12, 393-398.

683 Turano, K.A., Rubin, G.S., Quigley, H.A., 1999. Mobility Performance in Glaucoma.  
684 *Investigative Ophthalmology & Visual Science* 40, 2803-2809.

685 Vakili, H., Wickström, H., Desai, D., Preis, M., Sandler, N., 2017. Application of a handheld  
686 NIR spectrometer in prediction of drug content in inkjet printed orodispersible formulations  
687 containing prednisolone and levothyroxine. *International Journal of Pharmaceutics* 524, 414-  
688 423.

689 Vuddanda, P.R., Alomari, M., Dodoo, C.C., Trenfield, S.J., Velaga, S., Basit, A.W., Gaisford,  
690 S., 2018. Personalisation of warfarin therapy using thermal ink-jet printing. *European Journal*  
691 *of Pharmaceutical Sciences* 117, 80-87.

692 Waterman, H., Brunton, L., Fenerty, C., Mottershead, J., Richardson, C., Spencer, F., 2013.  
693 Adherence to ocular hypotensive therapy: patient health education needs and views on group  
694 education. *Patient Prefer Adherence* 7, 55-63.

695 Wei, N., Dang, H., Huang, C., Sheng, Y., 2021. Timolol loaded microemulsion laden silicone  
696 contact lens to manage glaucoma: in vitro and in vivo studies. *Journal of Dispersion Science*  
697 *and Technology* 42, 742-750.

698 Wishart DS, K.C., Guo AC, Shrivastava S, Hassanali M, Stothard P, Chang Z, Woolsey J.,  
699 2006. Drugbank: a comprehensive resource for in silico drug discovery and exploration. , in:  
700 *Res., N.A. (Ed.)*.

701 Wuchte, L.D., DiPasquale, S.A., Byrne, M.E., 2021. In vivo drug delivery via contact lenses:  
702 The current state of the field from origins to present. *Journal of Drug Delivery Science and*  
703 *Technology* 63, 102413.

704 Xu, J., Li, X., Sun, F., 2010. Cyclodextrin-containing hydrogels for contact lenses as a platform  
705 for drug incorporation and release. *Acta Biomaterialia* 6, 486-493.

706 Xu, X., Awwad, S., Diaz-Gomez, L., Alvarez-Lorenzo, C., Brocchini, S., Gaisford, S., Goyanes,  
707 A., Basit, A.W., 2021. 3D Printed Punctal Plugs for Controlled Ocular Drug Delivery.  
708 *Pharmaceutics* 13, 1421.

709 Yang, Y., Faustino, P.J., Volpe, D.A., Ellison, C.D., Lyon, R.C., Yu, L.X., 2007.  
710 Biopharmaceutics Classification of Selected  $\beta$ -Blockers: Solubility and Permeability Class  
711 Membership. *Molecular Pharmaceutics* 4, 608-614.

712 Yang, Y., Lockwood, A., 2022. Topical ocular drug delivery systems: Innovations for an unmet  
713 need. *Exp Eye Res* 218, 109006.

714 Zhang, Q., Willis-Fox, N., Daly, R., 2021. Capturing the value in printed pharmaceuticals – A  
715 study of inkjet droplets released from a polymer matrix. *International Journal of Pharmaceutics*  
716 599, 120436.

717 Zidan, G., Greene, C.A., Etxabide, A., Rupenthal, I.D., Seyfoddin, A., 2021. Gelatine-based  
718 drug-eluting bandage contact lenses: Effect of PEGDA concentration and manufacturing  
719 technique. *International Journal of Pharmaceutics* 599, 120452.  
720

721

722